

 <p>Centre Hospitalier d'Auch EN GASCOGNE Soigner &amp; prendre Soins</p>	<b>ANTICIPATED INTRUCTIONS</b>	<b>RDP FE 09</b>
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*All adults are able, (if they wish to do so) to make a written declaration called "Anticipated Instructions". This document is your opportunity to make clear your wishes for the eventual end of your life, if during a hospitalisation you are unable to express yourself (Article L.111-1 Code de la Santé Publique).*

### **I. What is the reason for anticipated instructions ?**

When a person is nearing the end of their life and is no longer able to express their wishes, the anticipated instructions help the medical team to understand what you want, in so far as the possibility to prolong, limit or stop any existing treatments.

### **II. Who can write their anticipated instructions ?**

Any adult can write their anticipated instructions. The author of the document must be of "sound" mind and able to express his wishes freely and clearly. It is possible to join a certificate completed by the general practitioner to confirm that the author was in an able state of mind when he expressed his wishes.

### **III. How to write your anticipated instructions ?**

**The document must be written by hand**, dated and signed with the identity of the author clearly marked with their surname, first name, date and place of birth. For a person who is unable to write and sign his instructions, it is possible to ask two witnesses and the person of confidence to attest that the document is definitely the free and clear wishes of himself. The witnesses must indicate their name and relation to the patient, these declarations will be joined to the document of anticipated instructions.

**Anticipated instructions can be changed at any moment**, the author can modify totally or partially the document, it can equally be cancelled completely, in this case preferably in writing.

### **IV. How long is the validity of this document ?**

These "anticipated instructions" are valid for an illimited time, they can be cancelled or modified at any moment.

### **V. Where to keep your anticipated instructions ?**

They can be kept either by your GP or in your hospital records. When you are admitted to the hospital you must tell the medical team that you have already completed this document. You can also keep this document yourself, or with your person of confidence, or with another member of your family. If this is the situation the contact name and number must be indicated in your medical records.

### **VI. If the form on the back of this page does not suit you, you can download other models form this website :**

[https://www.has-sante.fr/portail/upload/docs/application/pdf/2016-12/modele\\_de\\_redaction\\_des\\_directives\\_anticipees.pdf](https://www.has-sante.fr/portail/upload/docs/application/pdf/2016-12/modele_de_redaction_des_directives_anticipees.pdf)





My anticipated instructions

I sign : Surname: ..... First name : ..... Date of birth : ..... At : ..... Address : .....

Statement of my anticipated instructions, if I am no longer able to express my wishes

.....

Date ..... Signature

How much influence does this document have on a medical decision ?

This document is essential as it expresses the wishes of the patient when he was still able to make a clear decision. The contents prevails over all other opinions NON medical, including the opinion of the person of confidence.

It is compulsory that these "anticipated instructions" are consulted by the medical team on the ward / unit where you are hospitalised, to enable them to respect your wishes and decisions.

It is therefore essential to know these instructions are non applicable en two precise situations :

- In case of emergency or - they are judged inappropriate for the present situation by the medical team.

